



**WALNUT CREEK
SCHOOL DISTRICT**

Elementary Lunch Menu



2014

Monday	Tuesday	Wednesday	Thursday	Friday
1 **Cheese Nachos with wg tortilla chips or Whole Grain Corn Dog (chicken) Baby Carrots Refried Beans Crisp Garden Salad	2 Cinnamon Glazed French Toast Sticks Sausage Link (turkey) or Scrambled Eggs & Toast Bacon (pork) Roasted Potatoes Cool Cucumber Slices	3 Bake Potato Pretzel Bites or Teriyaki Chicken Yakisoba Noodles Broccoli & Cheese Sweet Cherry Tomatoes Zucchini Sticks	4 All Beef Hamburger with or without cheese or Chicken Patty on a whole wheat bun Seasoned Wedges Lettuce & Tomato slices	5 **Cheese Pizza or Pepperoni Pizza (turkey-beef) Sweet Potato Sticks Kidney Beans Crisp Garden Salad
8 Mini Corn Dogs (chicken) or Hot Ham+Cheese (turkey) on a croissant Sweet Potato Sticks Vegetarian Baked Beans Crisp Garden Salad Fun Size Potato Chips	9 **Mini Pancakes Sausage Link (turkey) or Kashi Sunshine Cereal Chocolate Bear Graham Sausage Link (turkey) Roasted Potatoes Baby Carrots	10 Spaghetti with meat sauce (beef) Garlic Bread or Beef Rib-a-que Kidney Beans Cool Cucumber Slices Crisp Garden Salad	11 Crispy Baked Chicken Whole Wheat Dinner Roll or Teriyaki Beef Sticks Whole Wheat Dinner Roll Mash Potatoes & Gravy Mixed Vegetables	12 **Cheese Pizza or Pepperoni Pizza (turkey-beef) Caesar Salad Sweet Red Peppers Jicama Sticks
15 Popcorn Chicken Pretzel Bites or **Mac & Cheese Pretzel Bites Green Beans Sweet Cherry Tomatoes Crisp Garden Salad	16 Mini Maple Wraps(turkey) or **Yogurt Parfait Animal Snackers Roasted Potatoes Baby Carrots Cool Cucumber Slices	17 Crispy Beef Taco or **Bean & Cheese Burrito Black Beans Shredded Lettuce Jicama Sticks	18 Chicken Sticks Whole Grain Biscuit or Turkey Dinner Whole Grain Biscuit Mashed Potatoes Green Beans	19 **Cheese Pizza or Pepperoni Pizza (turkey-beef) Caesar Salad Kidney Beans Sweet Potato Sticks
22	23	24	25	26

❄️ **Winter Break** ❄️

29 "Walnut Creek School District is an equal opportunity provider and employer"	30 LUNCH \$3.00 Complete meal includes 5 components Protein, Fruits, Vegetables Grain & Milk Items with ** are vegetarian menu subject to change	31 Alternative Vegetarian Entrees Offered Daily: Yogurt & Granola Bagel & Cheese Pretzel & String Cheese
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