



Managing Digital Media

Challenge, Opportunities, and Practical Tips for Families

WHEN: Thurs., May 2, 2024 | 6:00 PM-7:15 PM

WHERE: Murwood Elementary School | 2050 Vanderslice Avenue, Walnut Creek, CA 94956



Digital media and tech use are at the center of our kids' lives. From video games to Instagram, our kids are consumed by their devices. What risks do these platforms pose for our kids? How can we create healthy digital habits so our kids thrive in these spaces?

Join us for an engaging presentation of the challenges, opportunities, and practical ways to support your kids when using social media.

Come learn the

- *latest research on social media's impact on kids,*
- *ways in which digital media is used and abused, and*
- *guidelines you can use to support your kids' use of social media.*

[Click here](#) to learn about your presenter.

Please let us know you are coming so we can make appropriate arrangements:

Click [HERE](#) to RSVP.